



Learn More – Module 4

If your doctor prescribes medication, ask...

- ◆ Are there other ways I can manage my condition without taking drugs? For example, can I try to lower my cholesterol by making lifestyle changes before taking more drastic measures?
- ◆ What's the name of my medication and how will it help me?
- ◆ What dosage(s) of medication do I need to take, and at what times?
- ◆ Is there a generic form – or lower-priced brand – of this medication available? Would it be right for me?
- ◆ What side effects might I have? What can I do about them?
- ◆ Are there any specific risks I should worry about? How can I prevent them? How can I recognize them?
- ◆ Do you have samples of the medicine that I can try? I'd like to rule out allergic reactions or other negative side effects before filling a full prescription
- ◆ Should I take this medication with food?
- ◆ Do I need to avoid any other medications, foods, supplements (vitamins, herbals) or activities while taking this medication?
- ◆ How long it will take for me to feel better?
- ◆ What type of improvement should I expect?
- ◆ What should I do if I miss a dose?
- ◆ If my medication needs to be stopped for any reason, how should I do it? (Never stop taking your medication without first talking to your doctor.)
- ◆ How often will I need to come in for medication management? How long will my appointments take?
- ◆ How can I reach you in an emergency?