



Hospital Admission Checklist

Here are some items to take care of before you go to the hospital:

- **Record your medical history** – Write it down so you don't forget anything. Hospital staff will need to know about your current and past medical conditions and any previous medical procedures.
- **List medications you take** – Your doctors and nurses will need to know all the medicines, vitamins, and supplements you're currently taking. Also write down any drug allergies or adverse reactions you've experienced. Humana members have an easy way to keep track of these details at *MyHealth Record*, a section of the password-protected *MyHumana* page where you can record, save, and print your personal medical information.
- **Confirm surgery details** – If you're having surgery, make sure you understand what's going to be done and the expected outcome. Be sure your doctor – and the doctor operating on you – are clear on the specifics.
- **Bring your insurance card** – Be sure to take your member ID card.
- **Leave all valuables at home** – Don't bring rings, watches, large sums of money, credit cards or other valuables, since you won't be able to keep them with you at all times. They could be misplaced or stolen.
- **Pack house shoes with non-slip soles** – Socks and shoes with slick bottoms can cause you to fall.